

BECOME A CONFIDENT  
SWIMMER IN 2019!

# Swim FOR A MILE

[WWW.SWIMFORAMILE.COM](http://WWW.SWIMFORAMILE.COM)

Tipperary Events, Saturday April 13th

Thurles Leisure Centre: 10am-1pm

Clonmel Swimming Pool: 4pm-7pm

For information on SFAM training, please visit [www.tipperarysports.ie](http://www.tipperarysports.ie)

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