

OFFICE USE ONLY
Grantee Number



Incorporating **Age & Opportunity active**,
The National Sport and Physical Activity Programme
for Older People

Age & Opportunity Active National Grant Scheme 2024 for Sport & Physical Activity for Older People

All relevant sections of this application form MUST BE COMPLETED in full and in CAPITAL LETTERS. We reserve the right not to consider incomplete applications. Late Applications Will Not Be Considered Under Any Circumstances

*Please read attached terms and conditions carefully. If you require assistance in completing this form, contact **Age & Opportunity's Active team**.*

You can also contact your local Health Service Executive Coordinator, Local Sports Partnership (see page 8) or in the case of a sports club, your national governing body <https://www.sportireland.ie/national-governing-bodies>

GRANT APPLICATION FORM	
ORGANISATION NAME	
CONTACT PERSON	
POSITION/JOB TITLE	<i>(i.e. Treasurer, Secretary, Physical Activity Leader, Nursing Home Manager, LSP / NGB Coordinator etc.)</i>
PHONE NUMBER	
ADDRESS LINE 1	
ADDRESS LINE 2	
ADDRESS LINE 3	
COUNTY	
EIRCODE	
EMAIL ADDRESS	

The purpose of this grant is to aid and encourage older people to participate in sport and physical activity, whether they are members of a community group, older person's group e.g. Active Retirement, in a care setting or want to get involved in a particular sport.

Grant allocations will be between **€250 and €700**.

Joint applications or applications from Community Development Programmes (CDPs), Local Sports Partnerships (LSPs), Sports Clubs etc. that provide wider access to community groups may be allocated funding outside of these limits.

About your organisation

TYPE OF ORGANISATION

- Active Retirement
 ICA Group
 Men/Women's Shed
 Day Care Setting
 Family Resource Centre
 Nursing Home
 Sports Club
 LSP
 Other (please specify _____)

Total number of members (or residents) _____

% members under age 50 years: _____ aged 50-69: _____ aged 70 or over: _____

Is your organisation located in a designated disadvantaged area (RAPID 1, RAPID 2 or Clár)?

- YES
 NO
 DON'T KNOW

BANKING DETAILS

It is essential to supply Bank/Credit Union account details.

(Note: post office accounts are no longer acceptable)

NAME OF BANK / CREDIT UNION	
BRANCH	
ACCOUNT NAME	<i>Account must be in name of the group / organisation not an individual.</i>
BIC <i>(Full 8 characters required)</i>	
IBAN <i>(Full 22 characters required)</i>	

PUBLIC LIABILITY INSURANCE DETAILS

It is essential to have public liability insurance covering the activities proposed.

Please confirm if you have the required public liability insurance in place: Yes No

If neither Yes or No is ticked it will be assumed there is no insurance in place.

These grants are designed to support the work of the Active programme, including the network of Physical Activity Leaders (PALs), CarePALs, the development of the Go for Life Games and other initiatives.

An active PAL is a group member who has taken part in Active PALs workshops and is regularly leading or helping to organise physical activities with the group.

A CarePAL is someone who has taken part in our CarePALs training and is leading physical activity in a care setting:

Is there a PAL in your group? Yes No

Is there a CarePAL in your group/care setting? Yes No

- If yes, year completed PALs/CarePALs training _____
- A member of our group/staff would be:

Interested in PALs Training

Interested in CarePALs Training

2. Grants

Please indicate the purpose for which you are applying for this grant:

- Participation Event e.g. Go for Life Games/sports day.
- Physical Activity Programme for your group, club or care setting (please outline duration & participant numbers below)
 - Note – this can include Online Activity and Outdoor Activity
- Purchase of equipment / resource materials
- Other

Short Mat Bowling equipment will only be considered for joint applications, where it will be shared by two or more groups. A separate application form must be completed by each group involved in a joint application.

Audio-visual equipment, exercise machines, clothing or footwear will not be considered. See accompanying Terms & Conditions document to see what will/will not be funded.

Describe in detail the type of activity and/or equipment:

Number of people who will take part/benefit

Outline costs in detail (e.g. cost of equipment, tutor, sessions etc)
Total Grant applied for

3. Declaration:

I declare that the information given in this form is true and accurate and I accept the conditions relating to grant-aid provided by the Active National Grant Scheme for Sport and Physical Activity for Older People.

(Signature required if submitting application via post. If applying online only contact name required)

CONTACT PERSON	
Signed (please provide signature if applying via post)	
Name:	Date:

*In the case of a joint application for bowling equipment, please list below the other group(s) involved in the application. **Each group must complete a separate application form.***

GROUP NAME	
GROUP NAME	
GROUP NAME	

*Completed application forms must be submitted online through a link provided on our website or received via post (address below) by **12 noon on Friday 1st March 2024***



Active National Grant Scheme for Sport and Physical Activity for Older People, Age & Opportunity, St Patrick's Hall, Marino Institute of Education, Griffith Avenue, Dublin 9, D09 K4P6

Website: www.ageandopportunity.ie

N.B. Late applications will not be considered. It is the responsibility of grant applicants to ensure that grant forms are received on time with all details completed. Note that due to the volume of applications we cannot acknowledge receipt of postal applications.

4. Evaluation Form

Note: This section applies only if you received a grant in 2023.

- How much did your group receive in 2023? _____

- Did your group spend the full amount granted before December 2023? Y N

- Did your group subsidise the grant with other money? Y N
 If so, by how much? _____

- How did you spend the grant received in 2023?

<input type="checkbox"/> PALs equipment	<input type="checkbox"/> Dance	<input type="checkbox"/> Swimming/Aqua activities
<input type="checkbox"/> Go for Life Games equipment	<input type="checkbox"/> Facility Hire (Hall/Pool)	<input type="checkbox"/> Tai Chi
<input type="checkbox"/> Pickleball	<input type="checkbox"/> Walking Football	<input type="checkbox"/> Walking Programme
<input type="checkbox"/> Aerobics	<input type="checkbox"/> Pilates	<input type="checkbox"/> Yoga
<input type="checkbox"/> Bowling	<input type="checkbox"/> Pitch & Putt/Golf	<input type="checkbox"/> Other Activities
<input type="checkbox"/> Cycling	<input type="checkbox"/> Sportsfest/Sports Event	<input type="checkbox"/> Go for Life Games event
<input type="checkbox"/> Online activity. If so what type of activity?		

- How many members of your group took part in physical activities enabled by the 2023 grants? _____

What % of your group are:

Under the age 50 years _____ 50–69 years _____ age 70 or over _____

What % of your group are male? _____

- Did the grant encourage new members to join your group? If yes, how many?
 If no, please put '0'.

- Do you think the grant made the group feel?

On a scale of 1 – 5 (1 meaning strongly disagree and 5 meaning strongly agree)

More active 1 2 3 4 5

More likely
 to engage in physical 1 2 3 4 5
 activity again

More connected to other people 1 2 3 4 5

More visible in our community 1 2 3 4 5

More confident 1 2 3 4 5

- Apart from activities funded by the grant does your group take part in regular physical activity together? Y N

- If yes, is this regular physical activity led by a member of your group? Y N N/A

- If yes, how often does your group take part in regular physical activity together?
 - o Once a week
 - o More than once a week
 - o Once a month
 - o More than once a month

- Did your grant/initiative target people with disabilities? Y N

- Is there anything else you would like to share about the grant?

Age & Opportunity Active is funded by Sport Ireland and the HSE.



5. Key contacts

If you require assistance completing this form, contact the Active Programme team:

- **Sue Guildea**, Active Programme Manager
- **Nicole Evans**, Active Programme Assistant Manager
- **Philip Duffy**, Active Programme Administrator
- **T:** (01) 913 3943 / **Website:** www.ageandopportunity.ie

You can also contact your local ●Health Service Executive Coordinator or your ▲Local Sports Partnership:

CARLOW

- Olive Fanning
(059) 914 3630
- ▲Deborah Foley
(059) 913 6241

CAVAN

- Colm Casey
087 681 1197
- ▲Dean McElroy
086 787 8060

CLARE

- Geri Quinn
(065) 686 5837
- ▲James Murrhy
087 962 7696

CORK

- Shirley O'Shea
(021) 492 1641
- ▲Tim Burke
086 145 1381

DONEGAL

- Lynda McGuinness
(074) 910 9114
- ▲Karen Guthrie
(074) 911 6079

DUBLIN

Dublin City

- ▲Catherine Flood
(01) 222 8597

Dublin North

- Mary Scales
(01) 646 5077

Dublin South East

- Michelle Hardie Murphy
(01) 268 3143

Dublin South

- Denise Croke
087 757 4805
- ▲Helen Dwyer
086 198 6021

Dun Laoghaire-Rathdown

- Michelle Hardie Murphy
(01) 268 3143
- ▲Kevina Malone
087 758 6600

Fingal

- ▲Caitriona Geraghty
(01) 890 5000 ext. 6247

South County Dublin

- Denise Croke
087 757 4805
- ▲Thomas McDermott
(01) 414 9000 ext. 3361

GALWAY

- Paul Gillen
(091) 737 261
- ▲Ellie Loftus
087 751 1141

Galway City

- ▲Jason Craughwell
087 9817549
- ▲Ellie Loftus
087 751 1141

KERRY

- Anne Culloty
(064) 667 0767
- ▲Maeve Ryan
087 627 2761

KILDARE

- Denise Croke
087 757 4805
- ▲Syl Merrins
(045) 980 547

KILKENNY

- ▲Seamus Nugent
(056) 779 4991

LAOIS

- Clodagh Armitage
(057) 935 7824
- ▲Caroline Myers
(057) 867 1248

LEITRIM

- ▲Declan Boyle
(071) 965 0498

LIMERICK

- Bedelia Collins
(061) 483 444
- ▲Tracy Mahedy
(061) 333 600

LONGFORD

- Clodagh Armitage
(057) 935 7824
- ▲Donal Mulligan
(043) 334 3496

LOUTH

●Carmel Halpin
(046) 907 6400
▲Odhran Doherty
(042) 932 4318

MAYO

●Paul Gillen
(091) 737 261
▲Ray McNamara
(094) 906 4362

MEATH

●Carmel Halpin
(046) 907 6400
▲Ruairi Murphy
(046) 906 7337

MONAGHAN

●Colm Casey
087 681 1197
▲Aisling McDermott
(042) 975 5126

OFFALY

●Clodagh Armitage
(057) 935 7824
▲Olivia Murphy
(057) 935 7462

ROSCOMMON

●Paul Gillen
(091) 737 261
▲Noel Feeley
(090) 663 0853

SLIGO

▲Shane Hayes
(071) 916 1511

TIPPERARY

●Aoife Dunphy
087 181 9538
▲Ian Collins
(052) 616 6229

WATERFORD

●Susan Scully
(051) 846 714
▲Liz McEnaney
087 739 6050

WESTMEATH

●Clodagh Armitage
(057) 935 7824
▲Tony Wheat
(044) 933 8922

WEXFORD

●Paula Lowney
087 275 4752
▲Mary T Keogh
087 693 7764

WICKLOW

West Wicklow
●Denise Croke
087 757 4805

Rest of Wicklow

●Michelle Hardie Murphy
(01) 268 3143
▲Denise O'Shea
087 966 9634

**PLEASE REFER TO THE TERMS AND CONDITIONS DOCUMENT
ACCOMPANYING THIS APPLICATION FORM.**

**TERMS AND CONDITIONS ARE ALSO AVAILABLE ON
WWW.AGEANDOPPORTUNITY.IE**