

'INCLUSIVE CLUBS'
POSITIVE Youth Mental Health Training
Workshop

Tipperary Sports Partnership in conjunction with Youth Work Ireland are hosting a positive youth mental health workshop for volunteers who work with young people and would like to learn more about youth mental health and what you can do to promote positive mental health in your club or organisation.

When: Tuesday October 10th 2017: 7pm -9.30pm

Where: Youth Work Ireland Tipperary 17 Bank Place Tipperary Town

This workshop will enable participants to spot signs of anxiety in young people and explore the tools to overcome these. For more information on course content please email Zoe at

zoe.gogarty@youthworktipperary.ie.

Prior registration is necessary. €5 fee.

To register:

Tipperary Sports Partnership, Civic Offices, Nenagh, Co.Tipperary

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