



Get Carrick Walking!

8 Week Programme

Starts

Monday 21st January

At 7.30pm

in Sean Kelly Sports Centre

No Dogs Allowed.

Walk at your own pace!

Distance starting at 4km.

Every Monday for 8 weeks.

Cost
€10
plus
booking
fee

**For online registration and further details go to
www.tipperarysports.ie or phone 0761-06-6201
Hi-Vis and Hand/Head torch essential.**

